



*Lydia
& Zep*

Welcome to The Canine Coven

Hi, I'm Lydia from The Canine Coven, a dog trainer with over a decade of experience working with dogs, helping puppies and their owners build positive, lasting habits.

At The Canine Coven, I focus on building confidence through training with fun, reward-based techniques to make learning easy and enjoyable for both you and your pup.

This free resource is designed to aid your puppies crate or confinement training, by focusing on building routines and positive reinforcement.

All dogs benefit from having a safe space where they feel calm and secure in their home, giving them a space to relax and unwind. With the right approach, you'll build their confidence while strengthening your bond. Let's make crate training a positive experience!



**Want to train with me? Check the website
and socials for the next available Puppy
or Middle School course!**

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Crate Training Routine



Print this page out and customise this schedule around yours and your puppies routine, if they aren't using a crate use this to practice around wherever their personal confinement area is (puppy pen, baby gated room etc).

- 6.00 AM
- 7.00 AM
- 8.00 AM
- 9.00 AM
- 10.00 AM
- 11.00 AM
- 12.00 PM
- 13.00 PM
- 14.00 PM
- 15.00 PM
- 16.00 PM
- 17.00 PM
- 18.00 PM
- 19.00 PM
- 20.00 PM
- 21.00 PM
- 22.00 PM
- 23.00 PM
- 24.00 AM
- 01.00 AM
- 02.00 AM
- 03.00 AM
- 04.00 AM
- 05.00 AM

Add To Routine

- After Eating Encourage Calm Time In Crate (After Toilet Break)
- After Playtime Encourage Short Naps
- Naptime After Walks
- Afternoon Naptime To Encourage Good Routine
- Do Regular Crate Games, Crate Training Sessions To Continue Building Positive Associations – Add These In Multiple Times In Day
- Calming Enrichment Sessions (Kong/Chew)
- Calming Sessions BEFORE Crate, Games Like “Find It” To Calm Pups Down First

Add If Needed

- For Puppies Struggling – Do More Fun & Calm Games In & Around Crate
- For Easily Excited Pups, Keep Exciting Games Away From Crate & Allow Them To Calm BEFORE Going In Crate
- Keep Mealtimes On Good Schedule In Crate to Help With Regular Toileting & Naps
- Keep Updating Comfort Items, Rotate Soft Blankets
- For Puppies Struggling At Night, Add In A Short Crate Check Late Night/Early Morning, Time With A Toilet Break
- Establish Relaxing Bedtime Routine, Gentle Grooming Session, Chew Toy. Signalling To Pups It's Time To Wind Down